

The Mass: Real Presence

Discussion - Period One:

1. Why do you go to Mass?
2. Recall a special family celebration, such as a birthday, Thanksgiving or Christmas dinner. How did the ritual unfold and connect us with our family, both absent and present members?
3. God is *always present* to us. How do I understand and experience God's presence during the Mass? During my daily work? During my leisure time?



Discussion - Period Two

1. The Mass is a mystery of transformation. How do I bring all my gifts—all my life and my work—and let God transform them to enable me to bring Christ to others?
2. How might time spent in Eucharistic Adoration enrich my full, conscious, and active participation at Mass?
3. Jesus gave us only two distinct commandments: “to love God above all things, and our neighbor as our self,” and “to do this in memory of me.” Discuss.